

Issue 7

March 2017



SIMCOE COUNTY DISTRICT SCHOOL BOARD

Nottawasaga Creemore Bulletin

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From the Desk of Mrs. Golding:

On February 22nd, students in Canada celebrated “Pink Shirt Day”. The original Pink Shirt Day was organized by David Shepherd and Travis Price of Nova Scotia, who, in 2007 bought and distributed pink shirts to all of the boys at their school to wear as a protest after a male Grade 9 student at their school, was bullied for wearing a pink shirt to school.



We wear pink on this day to commemorate the character traits of kindness and inclusiveness that those boys showed to their school mate 9 years ago and also to challenge stereotypes.

The message behind pink shirt day is that, by wearing a pink shirt, you are saying that you will stand up and not tolerate bullying. Here is a quote from one of the organizers of the original pink shirt day, Travis who said *‘I learned that two people can come up with an idea, run with it, and it can do wonders.’* *On pink shirt day, I always share this quote and ask students to remember that each and every one of them can make a difference through the simple actions they choose every day.*

We look forward to April 12th which is “International Day of Pink”. On this day, some of our older students, along with local businesses will “Paint the Town Pink” for the second year in a row.

Even though we celebrate things like pink shirt day, and bullying awareness week during specific times of the year, it’s important to remember that the message of kindness is one that we need to remember each and every day!

Remember, no act of kindness, no matter how small is ever wasted! Have a great month everyone!

March Important Dates:

- **Wed. March 1** - Intermediate Girls volleyball and intermediate boys basketball tournaments
- **Fri. March 3** - PA Day
- **Mon. March 6** - Chess Tournament
- **Mon. March 6**- 6pm- 50th anniversary planning meeting in library ...all are invited
- **Thurs. March 9** - Ontario Early Years Stay and Play 9-10am
- **Fri. March 10** - 11:45- Hockey game with Byng at Creemore Arena
- **Mon. March 13** - Friday March 17—March Break
- **Thurs. March 23** - Ontario Early Years Stay and Play 9-10am
- **Fri. March 31** - Hockey Day in Collingwood
- **Fri. March 31**- Grade 5 “outdoor survival” trip to Springwater park



Student information notice for parents of Grade 8 students

As students progress from elementary school to secondary school, important personal student information is shared which eases each student's transition. Sharing this information also improves our ability to program effectively to benefit all students. Select student information will be shared at different times as appropriate. The collection and use of personal student information for such purposes is authorized under sections 170, 171, 190 Part X and Part XIII of the Education Act. All information used for the transition process is limited, secure and protected at all times. Please contact *Jackie Kavanagh*, Superintendent of Education for this area, if you would like more information about the transition process at NCPS.

Is your child turning four this year? It's time to register for Kindergarten

Our school is now registering children for Kindergarten for the 2017-18 school year. Required registration documents include birthdate documentation, proof of address and record of immunization. Visit www.scdsb.on.ca/kindergarten for more information or come to the school to pick up the required paperwork.

Support our School Hockey Team through Midwest Metals

NCPS is partnering with Midwest metals to fundraise for costs such as ice time, associated with running our school hockey team. Drop off your aluminum cans, metal materials etc. and indicate that you would like the proceeds to go to Notawasaga and Creemore athletics.

March is Nutrition Month – Tips for packing a healthy school lunch

A school lunch should give children the energy and nutrients they need to be ready to learn, be more alert and perform better at school. When planning lunches keep these tips in mind:

- include one serving from at least three of the four food groups from Canada's Food Guide
 - rather than buying pre-made lunch kits, make your own healthy "lunch kit" with divided containers and small 'bite-sized' cheese cubes, left over chicken chunks, veggie sticks or fruit slices
 - get your kids to eat more veggies! Send cucumber coins, zucchini sticks and pepper strips with dip
 - fill whole wheat or multi grain wrap/pits/tortilla shells with your child's favourite foods such as hummus and grated carrot or sliced turkey with mustard
- water is the healthiest choice to quench thirst

Looking for more information to help keep you and your family healthy? Call Health Connection at 705-721-7520 or 1-877-721-5720 to speak with a public health nurse or visit the health unit's website at www.simcoemuskokahealth.org.

Information provided by the Simcoe Muskoka District Health Unit

Events at Eastview Secondary School in April open to all parents

On April 10 at 7 p.m., Eastview Secondary School will host a screening of the film *Screenagers*, a study of growing up in the digital age. Physician and filmmaker Delaney Ruston created *Screenagers* to probe into the vulnerable corners of family life to explore struggles over social media, video games, academics and internet addiction. This presentation will help parents learn how tech time impacts kids' development and offers solutions on how adults can empower kids to best navigate the digital world.

On April 12 at 7 p.m., the school welcomes financial literacy expert Robin Taub, the author of the best-seller, *A Parent's Guide to Raising Money-Smart Kids*. Her presentation will cover why it's important to teach kids about money, as well as the challenge of being a good financial role model. She will explain how to address money-related topics with young kids, pre-teens, teenagers and emerging adults.

All parents/guardians are welcome to attend the above events. For more information, please contact Eastview Secondary School at 705-728-1321. The school is located at 421 Grove St. E. in Barrie.

SCDSB Media Fest: What Does Being a Great Canadian Look Like?

Students are invited to submit an entry for the 2017 SCDSB Media Fest. This media festival is open to all Simcoe County District School Board students and can include images, audio and video. For more information, visit www.scdsbmediafest.com. The submission deadline is April 3.